

## Why participate?

☑ **To reduce the quantity of buried waste :** Each year, we produce a lot of residual waste where :

- ⇒ 45 % is organic matter;
- ⇒ 37 % is recyclable materials;
- ⇒ 14 % is recoverable at the Ecocentre;
- ⇒ 4 % is real waste!

☑ **Decrease greenhouse gas emissions :**



- \* Buried, our organic waste decompose and transform into methane, a greenhouse gas responsible for climate change up to 25 times more powerful than carbon dioxide (CO<sub>2</sub>)
- \* It's less polluting to transport our organic waste to be treated at the Rivière-du-Loup biomethanization plant than bury them.

☑ **Decrease costs on our taxes :**

- \* Municipalities pay a royalty on every tonne of waste send to a landfill. This amount is then redistributed to municipalities based on their waste management performance. Less waste, more money!
- \* In addition, less waste is also reducing the frequency of trash collection and therefore more savings. So :



☑ **Respect the objectives :**

- \* From the MRC de La Matapédia et de La Mitis Waste Management Plan for 2016-2020;
- \* From the Gouvernement of Quebec objective to ban from landfill organic matter for 2020.



## Need help..

To sort your waste ?

Try the **Waste Wizard** tool on our website (*french only*) : [www.ecoregie.ca](http://www.ecoregie.ca)

To remember the collection schedule ?

Try for free the **Collection Reminder** app to receive a notification by SMS, email or phone. Available at [www.ecoregie.ca](http://www.ecoregie.ca)

Garbage truck didn't collect your bin?

Contact your municipality

Broken or stolen bins ?

Your brown bin is assigned to your residence and belongs to your municipality. If there's a problem, contact your municipality.

For any other problem ?

Contact us and we will be pleased to answer your questions. Here's how :



**Régie intermunicipale de traitement  
DES MATIÈRES RÉSIDUELLES**

MRC de La Matapédia et de La Mitis

**La Matapédia**

**La Mitis**

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[www.ecoregie.ca](http://www.ecoregie.ca)



[Facebook.com/RITMRMatapediaMitis](https://www.facebook.com/RITMRMatapediaMitis)

Sorting our waste is so simple,  
ecological and economical!

# Simple, green and economical :



## The Brown Bin!

Short practical guide



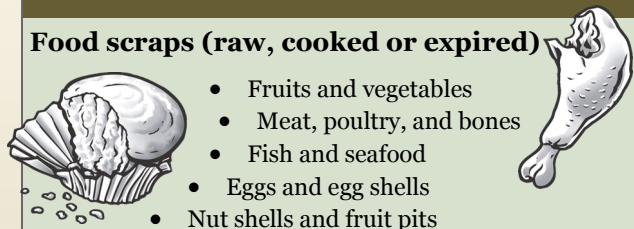
**MRC de  
LA MATAPÉDIA**

MRC de  
**La MITIS**  
VOTRE ANCRAGE POUR L'AVENIR

Autumn 2018

## What goes in your brown bin

### Food scraps (raw, cooked or expired)



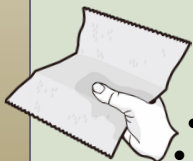
- Fruits and vegetables
- Meat, poultry, and bones
- Fish and seafood
- Eggs and egg shells
- Nut shells and fruit pits
- Dairy products (non liquid)
- Animal and vegetable fat
- Noodles, bread, grains, and rice
- Cakes, cookies, and candies
- Spreads, jams, and condiments
- Teabags, coffee grounds, and filters
- Foods with sauce or gravy, fried foods



### Yard waste

- Flowers and plants
- Weeds

### Soiled paper products



- Paper bags
- Newspaper
- Muffin wrappers
- Paper towels and napkins
- Pizza, pastry, and cereals boxes



### DO NOT DISPOSED IN

- ☑ Recyclables
- ☑ Shrubs, branches, and trees
- ☑ Sawdust and wood chips
- ☑ Dead leaves
- ☑ Liquids (oil, soup, milk, juice, coffee, etc.)
- ☑ Diapers, tampons, and sanitary pads
- ☑ Dead animals, fecal matter, bedding, and cat litters
- ☑ Ashes, even cooled
- ☑ Soil and sand
- ☑ Biodegradable or Oxo-biodegradable plastic bags



## How to do it...

### It's simple!

1. Line your kitchen compost container with newspaper or put a compostable bag in before filling it with food scraps.
2. Deposit your full compostable bag or your newspaper wrap from the kitchen compost container into your big brown bin.
3. The day before the brown bin collection, place your bin on the edge of the street, on your property, wheels to the house, if possible in the shade and the lid tightly closed. Empty your brown bin at EACH collection.



### Which bags to use ?

1. Paper bags (ex. : Sac-au-Sol)
2. Folded or wrapped newspaper
3. In a cardboard box (ex. : a cereal box)
4. Compostable plastic bags with one of the following logos :



### Practical advices

- ☞ Drain your food scraps to keep only the solid foods.
- ☞ Put newspaper or non-recyclable paper (ex. : used paper towels) at the bottom of the compostable bag, kitchen container and brown bin to absorb any remaining liquids.
- ☞ Rinse your bins periodically with a solution of water and vinegar or mild detergent.



## Problems ? Solutions!!

### Flies, worms and other friends

- ☞ Add some rhubarb leaves in your brown bin. Rhubarb leaf is a natural insecticide.
- ☞ Spray a mixture of 1/4 water, 3/4 vinegar with a spoonful of salt on the white worms to limit their propagation.
- ☞ Some people have installed weatherstrips on their bin to block access to the flies. No flies, no worms!



### Heat and smells

- ☞ Sprinkle baking soda on your organic matter.
- ☞ **The Lasagna Technique** : Alternately cover your food scraps with yard waste and soiled paper or cardboard to block any odors.
- ☞ You can freeze your food and put it in the brown bin the day before the collection.
- ☞ Place your brown bin in the shade if possible!



### The cold and the Quebec winter

- ☞ To prevent any matter from sticking to the bin in the winter, you can insert a large garden waste bag into your brown bin.
- ☞ Line the bottom of your brown bin with newspaper or cardboard (ex. : Pizza box) to help the take off.
- ☞ **Warning** : Since collections are less frequent during winter, empty your brown bin each time to avoid excessive weight that could damage your bin or your back!



If you already compost at home, keep it up!  
Use your brown bin for your meats, fish and dairy products.